

My name is Angela Dingle, president and CEO of Ex Nihilo Management, a technology company based in Washington DC. And I'll be your instructor. For over 25 years, I have worked in the public and private sector, helping organizations to align technology with their overall strategic objectives. Having worked with companies in the private sector, in the public sector, like the department of Defense, department of Homeland Security and some of the largest technology companies in the world. I serve as a trusted advisor, helping them to design, build, and implement cybersecurity programs. As a small business owner, I have sat where you are today. And I've incorporated cybersecurity into my overall business strategy.

Throughout this series, I will be sharing my experiences working with leaders and business owners, just like you, as we work to protect our companies against cyber threats. This is the third in a series of training courses that together provide a multi-layered comprehensive training program on cybersecurity topics, such as strategy,

remediations, recovery planning, and maturity models for small and medium sized business enterprises. Although the content of these courses is designed to build upon concepts covered in each course there are no prerequisites for any of the individual training courses in the series. In addition to the instruction, each training course has an accompanying set of resources to include workbooks, handouts, and a recommended reading list. Depending on the topic of instruction, the handouts may be in the form of a checklist, worksheet, template or other activity to be completed independently or during the course of instruction. Refer to the resources section to download or print copies of these materials. This training course is designed to provide small and medium-sized business owners with a roadmap to develop a comprehensive cybersecurity plan as a part of its long-term business strategy. During this course, you will gain an increased awareness of business and regulatory environments. You will learn how to use cybersecurity maturity models to focus on strategic

planning. And you will leave with a set of tools and definitive steps that you can take to create a comprehensive cybersecurity strategy.